

## Jam Tarts Recipe 4 Ingredients

125g plain flour

pinch of salt

2tsp of sugar

60g butter, cubed

2tbsp. water

5-6 heaped spoons of Jam;

Strawberry, raspberry, lime or lemon

curd.

Optional: Why not mix some of your  
jams?

Always remember  
to bring a suitable  
named lidded  
container to  
transport your food  
products home!

## Cheesecake Recipe 5 Ingredients



- 40g butter
- 7 biscuits (approx.)
- 200g cream cheese
- 100ml double cream
- 40g icing sugar to flavour
- Optional -grated zest and juice off a lemon, orange or lime

**Remember to bring in a  
container for your  
cheesecake!**

## Swiss Roll Recipe 6 Ingredients



3 eggs

90grams of sugar

60g of self-raising flour

2-3 tsp. of jam

Spoonful of sugar for sprinkling

*Optional:*

Why not add cocoa powder?  
or whipped cream?



## Y9 Food and Nutrition Recipe booklet

### Scones

#### Recipe 1

#### Ingredients

- 225g of self-raising flour
- Pinch of salt
- 55g of unsalted butter
- 25g caster sugar
- 150ml of milk
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#### Optional items;

- Chocolate chips
- Raisins/ Sultanas
- Glacier Cherries
- Orange or lemon zest



# Recipes

## Calzone

### Recipe 3

#### Ingredients

200g strong bread flour;  
4 tbsp. tomato puree;  
1 x sachet yeast;  
100g grated cheese;

*Fillings of your choice;*

**Your toppings could include:**

***Ham, pineapple, pepper, olives etc.***

*Any of those on your mind map!*

#### **Re-heating instructions and serving suggestion:**

*Serve hot or cold with salad;*

*When reheating meat, make sure it is thoroughly hot all the way through;*



## Butter Chicken Curry

### Recipe 2

#### Ingredient

**250g chicken breast or Quorn chicken**

**50g butter**

2tsp of curry paste

1 tsp paprika (from school)

2tsp ground coriander (from school)

1 tsp ground cumin (from school)

1 clove garlic – crushed

Pinch of chilli powder (from school)

1 tbsp tomato puree (from school)

Other spices will also be provided from school.

1 tsp sugar

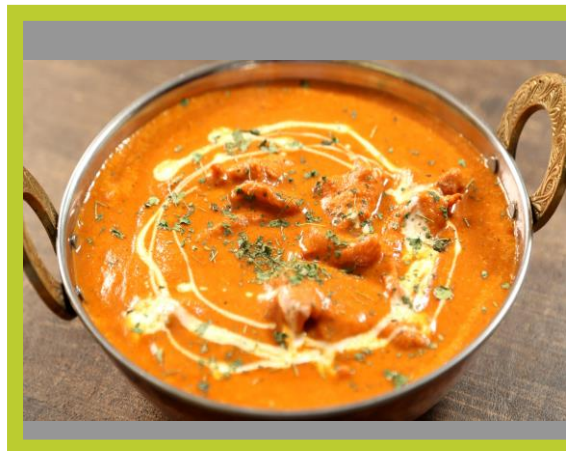
**2tbsp plain yoghurt**

**90ml cream**

1 lemon

**75g rice**

**Please bring in 50p to cover costs of school brought spices and herbs.**



## PINEAPPLE UPSIDE DOWN Cake

### Recipe 7

#### Ingredients:

150g butter;

50g soft brown sugar;

100g caster sugar;

100g self-raising flour;

1 tsp baking powder;

1 tsp vanilla extract;

2 eggs;

7 pineapple rings;

Optional:

Small pot glace cherries;

**You will need a cake tin to cook your cake in.**

